

# COOLONGOLOOK PUBLIC SCHOOL

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**CPR** 

### **Tuesday 6 June**

CPR for Years 2 -6 9am Assembly 10:20am

### Wednesday 7 June

Athletics Carnival

Please ensure your child is at the carnival by 9am

our students please contact the front office

If parents would like to attend the CPR course with

### Wednesday 28 June

NAIDOC at Bungwahl PS

SCHOOL PHOTOS can still be purchased at the front office



# From the Principal's Desk



Hi everyone and welcome to week 6. The teachers and students have enjoyed a great start to term 2 and we look forward to the numerous activities scheduled for the remaining weeks.

Next Wednesday, students will travel to Tuncurry to participate in the Manning West Small School athletics carnival. The day will start at 9am and at this time, can I thank the many parents who have offered to assist with transport. I'm sure the carnival will be a great success as we once again look forward to participating in this wonderful event for our small schools!

This week, families received their school photos that were taken in week 5. At this time, can I thank Jake Martyn for his efforts. I was really impressed with the quality of the photos and the quick turnaround in getting these back to our families. As mentioned in a previous newsletter, we are hoping to receive your feedback on the changes and your thoughts on how we might proceed with school photos in 2024.Next week, a form will be sent home with a few short questions and a space provided to give additional ideas or suggestions. We look forward to hearing your feedback.

During the final week of term, semester one reports will be sent home. This year we will be trialling a new format for our mid and end of year reports. The new layout will have a number of changes but will provide similar information to previous reports. Early in term 3, we will hold our Student Learning Goal meetings where teachers will discuss your child's semester one achievements and listen to your feedback on changes made to our reporting template. Finally, last Wednesday the amazing Jake Martyn jetted out of the country bound for the United States where he will work in a summer camp for the next three months. We will miss Jake during this time away and wish him well for his time overseas. We look forward to welcoming him back early in Term 4.

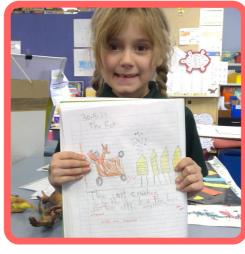
Remember to keep an eye for any upcoming events and we look forward to seeing you at our school soon!

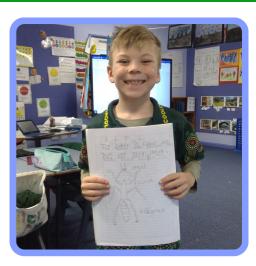
Jason Tindall

Teaching Principal

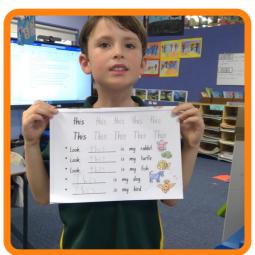
# K-2 Classroom







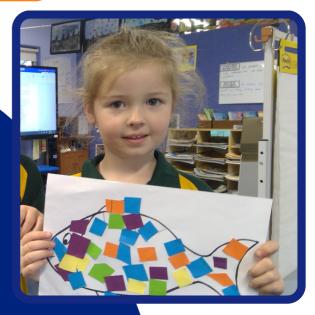








This newsletter
K-2 wanted to show
some examples of their
work.



# 3-6 Classroom

Welcome to Lily who has settled well into her new school. Coolongolook is lucky to have such a friendly and co-operative student.

3-6 have had some wonderful achievements in the Tell- me-a-story competition with everyone receiving an award from a merit to a highly commended. Fantastic effort everyone!

All students have been participating in Reconciliation Week with stories, discussions and art activities. We look forward to NAIDOC week in Week 10 when we will be joing with Bungwahl School to celebrate with some interesting activities.

This week we have been focusing on journal writing, imagining we are being transported to Australia on the First Fleet. We are learning how harsh the conditions were for children often separated from friends and family. We will be sharing these journals at the next assembly.

Mr Tindall has been teaching division and he encourages everyone to practice and learn their times tables.

Just a reminder that we need to read and log in to the Premier's Reading Challenge! Great Work everyone!

Mrs Donnelly Classroom Teacher.



# ASSEMBLY AWARDS





# Numeracy awards

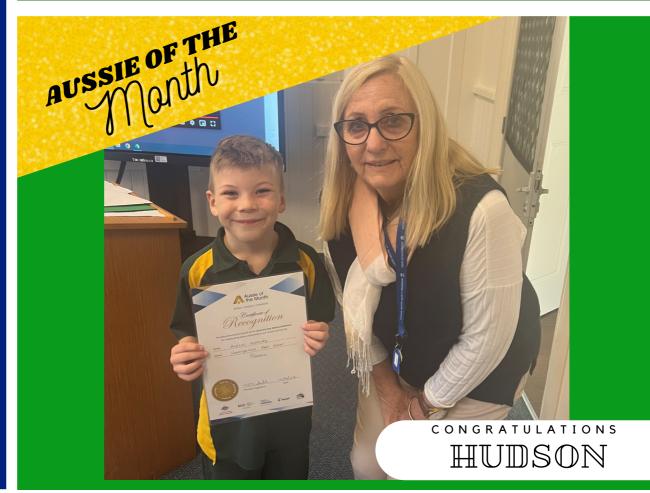
Olivia for trying hard during hands on math activities.

Ayva for an excellent attitude toward her numeracy activities.

# Literacy awards

Toby for using sound knowledge when reading unknown words.

Natalie for wonderful descriptive language during letter writing.







Hello Families,

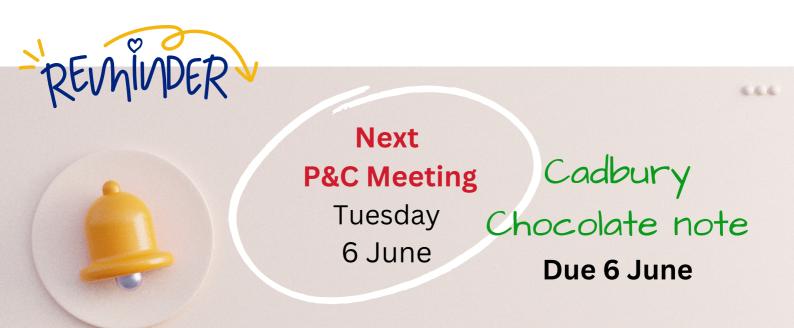
I just wanted to thank everyone for their continued support with meal deals. There are a number of students who purchase meals each week, even though they wouldn't normally eat it at home. Their response to these meals is great! The excitement the kids show is very positive and encouraging.

There are 4 meals left for this term, curry sausage, nacho's, party pies/sausage rolls and chicken wraps. Each note will be handed out on Friday and needs to be returned by the following Tuesday. I look forward to supporting the kids while they engage with new foods.

Any feedback, good or bad, is always welcome.

Amanda Samuel

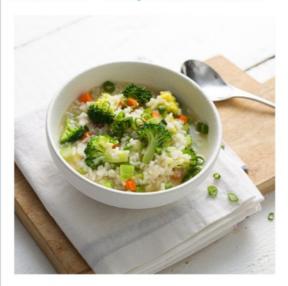
coolschoolcanteenmanager@outlook.com



# **Nut**rition Snippet

# **VEGETABLE CONGEE**

Serves: 4 Prep time: 10 mins



### Cooking time: 40 min Ingredients

1 cup long grain white rice, rinsed 4 cups reduced salt vegetable stock

3 cups water

5cm knob of ginger, peeled & thinly sliced

3 stalks celery, chopped

1 carrot, peeled & diced

2 cups broccoli florets

2 spring onions, green part only thinly sliced (optional)

## **Method**

- 1. Add the rice, stock, water and ginger to a large pot and bring to the boil.
- 2. Reduce heat to low and simmer for 30 minutes. Stir occasionally to prevent clumping or sticking.
- 3. Add the celery, carrot and broccoli and simmer until the vegetables are tender.
- 4. Garnish with the spring onion (optional).

For this recipe and more visit: healthylunchbox.com.au





# Is it time for a dental check-up?

Hunter New England Oral Health provides free dental care for <u>all</u> children under 18yrs of age

We bulk bill Medicare under the Child Dental Benefits Schedule

Forster Dental Clinic opening hours: 8:00am – 4:30pm

We are located at 14 Breese Parade, Forster



### Call 1300 651 625 to book an appointment for your child

For more information about oral health and accessing our service, visit the HNE Kids Health webpage at <a href="https://www.hnekidshealth.nsw.gov.au/oralhealth">www.hnekidshealth.nsw.gov.au/oralhealth</a>

# Why attendance matters

When your child misses school they miss important opportunities to:



Learn



Make friends



**Build skills** through fun



A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

day per week



















