

COOLONGOLOOK PUBLIC SCHOOL NEWSLETTER

TERM 3 WEEK 6, 2019



From the Principal's Desk

Hi everyone and welcome to Week 6 of Term 3. Yes, there may only be four weeks of the term remaining but there are still a number of exciting activities planned, so we hope you can join us soon at school.

This week, we celebrate SASS Recognition week. For those that don't know, SASS stands for School Administration and Support Staff. This week, students, parents, carers and staff at Coolongolook PS would like to acknowledge the hard work done by our SAS Staff as part of SASS Recognition Week.

We have seven SAS staff at our school. Firstly, we have Mrs Hall and Mrs Loveday who do an amazing job in our front office. Mrs Everingham, Ms Thoroughgood and Mr Jacob Martyn work tirelessly in our two classrooms and Mrs Harrington who not only works in our 3/6 classroom, but also runs the school library. Mr Nathan Hanley, our school chaplain, works with our children each Wednesday and Mr Bradford, our General Assistant, looks after our grounds and maintenance.



Education

Principal – Mr Jason Tindall
Lombard Street Coolongolook NSW 2423
P 02 4997 7183 F 02 4997 7232 M 0436 622 485
E coolongolo-p.school@det.nsw.edu.au W www.coolongol-p.schools.det.edu.au

Every day, in so many ways, our valuable SAS staff support us in our school. Without our SAS staff, we would not be able to provide the wonderful school that we have here at Coolongolook. Recognition Week is a great time to thank all our SAS staff for their hard work and dedication to our school. Please give them all an extra big smile and thankyou this week

Thank you to the families, friends and volunteers who joined us at the school last Friday for our Book Week Parade and Book Fair. The students had a fantastic time dressing up as their favourite book characters and were very well behaved during our parade. A special thank you to Mrs Ede, Mrs Gordon and Mrs Harrington for judging the parade winners and to Jenny Gough, Rachael Elms and Kelly Ede for running our ‘Treasure Hunt’ during the afternoon session. Well done everyone!

Good luck to Jayde Roberts who will compete at the Regional Athletics Carnival this Friday. She will compete in the 9 years 100m race against the best in the Hunter region and is the first student from our school to make it to this level in many years. We wish her luck and know she will do herself and the school proud!

We are currently looking into whether parents and carers would be interested in before and after school care. If I haven’t spoken with you and you’d like to see this happen, please let Lisa or Jenny in the front office know.

Finally, we hope to see you at our next P and C meeting on Tuesday 10 September at 3pm. We will hold this meeting at the end of the school day with students and their siblings encouraged to stay at school. Supervision will be provided by Mrs Harrington during this time. Looking forward to seeing you then.

Jason Tindall
Principal



CALENDAR	
TERM 3 WEEK 7 (2 -6 SEPTEMBER)	
Monday	Canteen
Tuesday	
Wednesday	
Thursday	
Friday	Breakfast Club, Library
TERM 3 WEEK 8 (9 – 13 SEPTEMBER)	
Monday	Canteen
Tuesday	P & C Meeting 3pm
Wednesday	
Thursday	
Friday	Breakfast Club, Library
TERM 3 WEEK 9 (16 – 20 SEPTEMBER)	
Monday	Canteen
Tuesday	Assembly
Wednesday	
Thursday	
Friday	Breakfast Club, Library

P&C News




P&C is always happy to welcome new members. Everyone's ideas and opinions matter. Our next meeting will be held on Tuesday 10 September at 3pm. Hope to see you there!

Kriss Thoroughgood
Vice President

Assembly Awards

K-2 Awards

Kaiden Brooks-Glover – PBL Award for always being a friendly and considerate member of CPS.

Jacarla Murray – Mathematician Award for being consistent in math.

Shae Coupland – Reading Award for great improvement in her guided reading.

Natalie Roberts – Writing Award for thinking creatively when planning her writing.



From left Jacarla Murray and Natalie Roberts

3-6 Awards

Jasleen Kaur – Reading Award for improved reading.

Jesse Cornish – Writing Award for great spelling.

Thomas Chapman – Mathematician Award for improved focus in math activities.

Chloe Roberts – PBL Award for being a great friend to all!



From left Thomas Chapman, Jasleen Kaur, Jesse Cornish and Chloe Roberts

Book Week Parade



Our Book Parade "Best Dressed"



Delilah Hartridge



COOLONGOLOOK CAMPERS

The bus drove up the bumpy gravel driveway returning thirteen weary, exhausted students back to Coolongolook Public School.

The bus doors opened and the tired children plodded down the stairs into the arms of their waiting parents. Mr T was ever so glad to be home.

They couldn't wait to tell their family about their adventures at the Great Aussie Bush Camp.

The fun started on Monday 26 August and continued for three days. Three days of fun, activities, challenges and great food.

The funniest activities were the Lost Island and Giant Swing. My favourite was Commando and also orienteering.

In orienteering, we had to get into five groups of five, and use a compass to find symbols on plaques hammered to trees. It was mostly to see if we could work as a team. It was also a challenge to sleep in cold beds but we got to sleep in the end.

Three days in August will go down in Coolongolook history as three days that the 3-6 students, Mr T and Nathan had the time of their lives.

Reporter: Myla Ede



Thomas Chapman, Nathan Hanley and Shane Cornish



Chloe Roberts



Jayde Roberts



Jesse Chapman

Mrs Everingham



We love Mrs E

"I love Mrs E because she helps me and she looks beautiful and she cares. I am so happy that she is at this school because she is loyal and respectful."

Shae

"I love Mrs E because she is the best teacher. She helps me learn stuff."

Kaiden

"I love Mrs E because she helps me in my writing and she makes me confident."

Eddie

"I love Mrs E because she helps me do my work."

Donny

Library News

Just a quick reminder that the Premiers Reading Challenge ends today, 30 August, so all books borrowed from the library need to be returned.

All overdue "normal" books need to be returned as well – there is quite a few!

Mrs Harrington
Librarian



Mrs Harrington



I love Mrs H

"She is caring, kind and does lots of things for me. Mrs H helps me with my classwork and I love going to the library. She's a perfect fit for our classroom."

Myla

Head lice

Head lice continues to be a concern this year. Please check your child/ren's hair every Sunday and treat head lice if found. A mid-week check would also be great if time permits.

Further information on head lice is available on the NSW Health website:

<http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx>

or through the Department's website at:

<http://www.schools.nsw.edu.au/student support/student health/conditions/headlice/index.php>

A-One Fotomakers

Hunter

These photos are now available for viewing and purchase for the students involved.

If you were photographed in these groups, please go to the following website

www.fotosales.com.au and use the Job

Code **NE1931**

For enquiries please call 4954 0499

Good for Kids good for life

CHOOSE WATER

How much water should our kids drink everyday?

1—5 years 1.25L

6—12 years 1.5L



TIPS TO DRINK MORE WATER

- ◊ Show children that you enjoy drinking water
- ◊ Drink water with every meal
- ◊ Take a refillable bottle when you go out
- ◊ Pack water for school
- ◊ Encourage drinking extra water when they play sport
- ◊ Limit buying sugary drinks



Information source: © Cancer Council Victoria 2019

Good for Kids good for life

HEALTHY PARTY IDEAS

Parents and teachers can shift the focus for school parties from unhealthy food to fun healthy food.

You could serve snacks with fun plates, napkins, cups or straws, or have a tasting party where children can vote for their favourite healthy snack. Why not try some of the following:

- Fruit kebabs
- Orange quarters – try them frozen in summer
- Fruit smoothies
- Melon balls
- Berries
- Frozen fruit blocks
- Apple slinkies
- Veggie strips with low fat dip or salsa
- Sandwiches
- Raisin bread
- Pikelets
- Rice crackers
- Scones
- Cheese cubes
- Low fat popcorn

